



27 FEBRUARY 2026

Weekly Notices

Your weekly careers notices and opportunities!

Weekly Update

Jack Petchey's
"SPEAK OUT"
Challenge!

We are looking forward to another packed term of careers related opportunities, starting this Friday with the second Jack Petchy's "Speak Out" challenge. This full day workshop will see students take part in individual and group exercises to develop communication skills and expand comfort zones. We are looking forward to hearing their topics and finding out who will be picked to go on to the assembly finals later this year.

National Careers Week

NCW

Look out for activities and events that will be held during National Careers Week during the first week of March. Take your journey into your own hands by brushing up on the careers jargon. Unifrog have devised a great guide to help you understand the careers key terms.



On Wednesday 4 March we will be welcoming Roz Hands from the HMRC for our Work Wednesdays lunchtime session. If you would like to know more about careers within the HMRC, or about communications in general this is a great opportunity for you to explore more. Use the sign up form to book your space.

Finally, KS5 students will be starting their one-to-one careers guidance meetings from the 2 March. If you have an appointment, please make sure you have prepared and turn up on time.

For more help or a chat

Visit me in the main office or
[email me](#)



Mrs Clarke-McBermott
CAREERS LEADER



WEEK COMMENCING 27 FEB

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Your weekly careers notices and opportunities!

unifrog

Upcoming Events (Virtual)

Monday 2 March @4.30pm - 45 mins - [sign up](#)

From sketch to screen: the power of concept art

Monday 2 March @4.30pm - 45 mins - [sign up](#)

Interactive business taster: how do companies balance profits with social responsibility?

Tuesday 3 March @4.30pm - 45 mins - [sign up](#)

Humanities taster: studying culture, technology and society today

Wednesday 4 March @4.00pm - 45 mins - [sign up](#)

Cracking the case: how digital forensics solves modern crimes

Monday 9 March @4.30pm - 45 mins - [sign up](#)

Careers session: become an energy engineer with £27,000 funding

Monday 9 March @5.30pm - 45 mins - [sign up](#)

Biosciences taster: the good, the bad and the bugly - how microbes shape life

Wednesday 11 March @4.30pm - 45 mins - [sign up](#)

Law taster: when does volunteering become employment?

Wednesday 11 March @5.30pm - 45 mins - [sign up](#)

Food science and nutrition taster: mythbusting your food

Thursday 12 March @4.30pm - 45 mins - [sign up](#)

Crime and justice: how do criminology and law connect?

Thursday 12 March @5.30pm - 45 mins - [sign up](#)



University Subject Discovery Fair

Students Parents Virtual

From finance to nursing, law to creative arts, and engineering to teaching the Subject Discovery Fair is a great opportunity to find out all about studying at university and get all your questions answered by the experts. Join over 30 universities from across the UK to speak to their representatives via Q&A, and attend live sessions delivered by university academics to get an insight into the exciting subjects and trending topics you could be studying at university!

> Wed 18 Mar 16:00-18:30 UK time

[Sign up >](#)

Amazing Apprenticeships

Transport for London have opened up a plethora of apprenticeships. Discover the vacancies that are currently open for applications and find out how you can make your application stand out from the crowd.

Make sure to apply soon, once enough applications have been received the vacancies will close, so don't miss out!



Apprenticeship Roles

With Level 2, 3 and 4 apprenticeships available across Engineering and London Underground areas, there's a wide range of roles and levels to consider.

LONDON UNDERGROUND	Level 3 - <u>London Underground Signals</u>
Level 2 - <u>London Underground Track</u>	Level 3 - <u>London Underground Fleet</u>
Level 3 - <u>London Underground Escalators</u>	Level 3 - <u>London Underground Low Voltage Cables</u>
Level 3 - <u>London Underground Rail Engineering Workshop</u>	Level 3 - <u>London Underground Service Control</u>
Level 3 - <u>London Underground Pumps</u>	ENGINEERING
Level 4 - <u>London Underground Construction Site Supervisor</u>	Level 3 - <u>Trams Engineering</u>
Level 3 - <u>London Underground Power</u>	Level 3 - <u>Highways and Traffic</u>

Economics Students - Exclusive!

We are delighted to share an exclusive work experience opportunity for any of our students interested in Economics.

This two-day placement will provide students with a unique insight into economic modelling, global risk analysis, and scenario planning, working directly with the Oxford Economics Scenarios Team in London.

 17 Dates: Wednesday 8 & Thursday 9 April

 Location: London (in-person)

 [Application link](#)

 Applications close: Friday 13 March



career compass

Imperial College London Opportunities

We are excited to be able to bring you the latest opportunities from Imperial College available to our students. Applications are open for Summer School and STEM Potential Year 10 Programmes as well as competitions, taster days and other opportunities across Imperial and beyond.

So, you want to be a doctor? Online Webinar

Staff and students from the School of Medicine will provide information, advice and guidance on deciding whether medicine is right for you, what is required for a strong application to study the subject at university, and the realities of life as a doctor. Available to Year 10 and 11 students.



Date: Saturday 7 March



Location: Online



[Application link](#)

Meet the medic. Online Webinar

Have you ever wondered what it is really like to be a doctor in London? Join in with this interactive webinar and find out more. For students in Years 10 to 13.



Date: Thursday 26 March @4.30pm - 1 hour



Location: Online



[Application link](#)



Outreach Summer Schools Programmes 2026

Open to students in Years 9 to 12 interested in STEM

Interested in STEM and keen to explore university and life at Imperial? Applications for our free residential and non-residential summer programmes are now open. [Visit the Summer Schools webpage](#) to learn more about the programmes, eligibility criteria, and how to apply.

Year 9 Girls Engineering Summer School: 4 - 7 August

Year 10 Insights Summer School: 29 July - 1 August (Residential)

Year 11 Online STEM Challenge: 23 - 26 June

Year 12 Sutton Trust Summer School Week 1: 14 - 17 July (Residential)

Year 12 Sutton Trust Summer School Week 2: 21 - 24 July (Residential)

Year 12 Work Experience Programme: 29 June - 3 July

Applications close in March 2026. Please check individual programme web pages for specific closing dates.

Imperial College - Opportunities

STEM Potential Year 10 Programme
For students interested in studying STEM

Explore the fields of science, technology, engineering and maths to gain a better understanding of which subjects you may want to study at A-level.

Across Years 10 and 11 you will take part in lectures, workshops and on-campus events to gain a feel for university life, working closely with Imperial academics and students. In August of Year 10, you will take part in a non-residential summer school.

Visit the STEM Potential webpage to learn more about the programme, eligibility criteria, and how to apply.

All events run in-person so you will need to live within one hour of Imperial's South Kensington Campus.

Students stay on the programme for two years. After Year 11, students who meet the eligibility criteria will progress to Years 12 and 13.

Applications close on Tuesday 03 March 2026. For any queries please email stempotential@imperial.ac.uk.

UCAT Conferences

If you are planning to apply for a Medicine or Dentistry placement, you may want to attend the upcoming 'Get Into' conferences. Led by expert mentors who specialise in UCAT exam preparation, during the conference, you will be equipped with everything you need to approach the UCAT exam with confidence.

For Aspiring Doctors



Dates: Sunday 22 February, Saturday 28 February, Saturday 27 March



[Application link](#)

For Aspiring Dentists



Dates: Sunday 1 March



[Application link](#)

MEDIC
MENTOR 
MAKE A DIFFERENCE



Years 10
and 12
only

WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026 (5 DAYS)

WHAT'S THE POINT?

Work experience is crucial for exploring career paths and gaining essential skills. It provides real-world exposure, boosts confidence, and helps build a professional network.

Key benefits include:

- Testing personal interests
- Developing transferable skills like communication and problem-solving
- Understanding the relationship between education and job opportunities

LOCAL BUSINESSES

You can find a list of local businesses in this file. Please note, the places listed here have not agreed to offer work experience, this is just a directory.

[Local businesses](#)
[Unifrog contacts](#)

FINDING A PLACEMENT

If you're not sure where to start, here are some useful ideas:

- **Ask around:** Speak to family members, friends, or neighbours – someone may know a workplace that can offer you a one-day placement.
- **Local businesses:** Visit shops, hairdressers, cafes, garages, nurseries, or offices nearby and ask politely if they offer short placements.
- **Email or phone employers:** Write a short message explaining that you're a student looking for a placement (include the dates)
- **Think about what interests you:** Whether you're interested in animals, technology, sport, healthcare, or something else, try contacting places linked to your interests.
- **Be flexible:** Many places are busy, so be open-minded and positive about a wide range of opportunities.

If you're stuck or need help, speak to your form tutor or the careers team – we're here to support you.

HOW TO GUIDES

Helpful links:

How to guide - [finding a placement](#)

How to guide - [contacting potential employers](#)

How to guide - [Researching possible placements](#)

How to guide - [Uploading your placement on Unifrog](#)



WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026

CONTACTING POTENTIAL EMPLOYERS

It can be really nerve-wracking contacting employers to ask them for work experience. But it doesn't have to be that way!

On this page, we'll discuss how to be prepared when contacting employers.

- Use your school email address
- Use a straight-to-the-point subject.
- Use the employer's name if you know it, or Sir/Madam if you don't.
- Remember to proof read the email so there aren't any mistakes.

SETTING THE EMAIL OUT

Your email should be professional and include all relevant information:

- **Paragraph 1:** Introduce yourself and the school or college you go to.
- **Paragraph 2:** Say a little about why you are interested in the industry; a couple of sentences is enough. This shows that you've done research and have thought carefully about where you'd like to do work experience.
- **Paragraph 3:** Politely ask about work experience opportunities on dates you are able to attend. You can also ask for a meeting/phone call here too.

Emailing an employer

To: hello@StarkIndustries.com

Subject: Work experience

Dear Mr. Stark,

My name is Peter Parker and I am a student at Midtown High School.

My interest in work experience with the Avengers was sparked when I visited your laboratory in Malibu, where I got to see your inventions. I have worked very hard to develop my teamwork skills and spider sense. I feel that with some guidance, I would be a great addition to the Avengers team.

I am looking to do some work experience between the dates of 10-24th February, to help develop my competencies and start to learn how to protect Earth. Do you have any spaces for work experience students at that time? I have attached a copy of my CV for your records.

Yours sincerely,
Peter Parker



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RESEARCHING POSSIBLE PLACEMENTS

It can be difficult to know where to start looking for work experience and find a workplace that you're interested in. This session is here to help though!

Your placement will give you the chance to explore a workplace of interest to you. That way, you'll find out whether you it could suit you in the future!

Researching the work experience options in your area is great way to figure out what you are interested in learning about.

THE UNIFROG APPRENTICESHIP TOOL

The Unifrog Apprenticeships tool isn't just for looking for apprenticeships!

The tool can help you to:

- Search for businesses to approach for work experience
- Get an idea of the types of industries that are available in your area

The Apprenticeship tool also shows you businesses that you're interested in on a map, so you can see how far they are from home!

Start by logging into your Unifrog account...

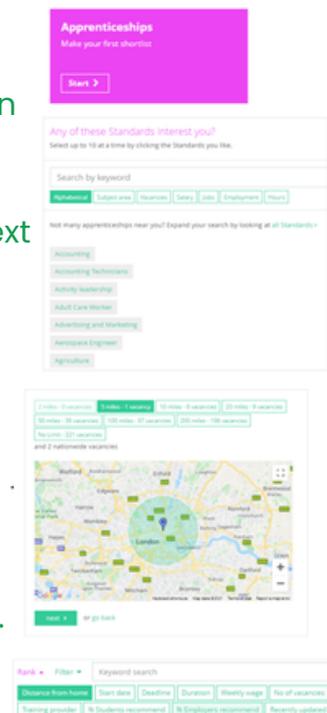
To use the Apprenticeships tool on your homepage:

- Search across various industries and select up to ten to explore.
- Filter results by travel distance using the map.
- Rank your results by "Distance from home" on the next page.
- Choose your preferred opportunities to create a shortlist.

This shortlist provides employer information, required skills, and job locations.

- Use the tool to identify companies for work experience.
- Note company names and your reasons for interest.

Conduct further research for contact details before reaching out. Don't forget to save to your Locker!

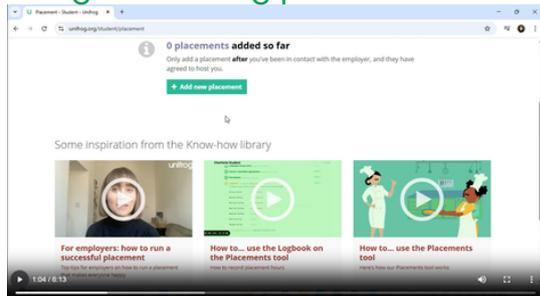


WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026

UPLOADING YOUR PLACEMENT

We use Unifrog's placement tool to make sure all the paperwork and compliance is completed before you go on your work experience. Once you have agreed with an employer that you are able to work, you need to complete a form online. You can watch this handy [video](#) which will lead you through using the Unifrog placement tool.



THE UNIFROG PLACEMENT TOOL

At a basic level the tool is a series of forms which need to be completed by specific people at specific times; when one person finishes their form, the system automatically messages the next person in the chain.

The tool makes it easy:

- For students to get the ball rolling, then reflect on the placement afterwards;
- For the employer to follow
- For the parent/guardian to agree to the placement and stay informed of what's happening;
- For the school/college coordinators to have an overview of the whole process

Open the **placements** tool, via a tile on your homepage.

- Click 'Add new placement'
- Enter your start and end date, and placement advisor (Mrs Bull)
- For time commitment, choose 'full time', and choose 'in-person' for how you will meet the employer
- Complete the employer details, you will need to put in an address including postcode.
- Explain how you will travel to your placement
- Write down your objectives for the placement, this will go to the employer
- Enter the employer details - double check to make sure this is correct. It must be accurate or the employer won't get their email!
- Input your details, and your parents details. Again, make sure the email is correct as they will need to approve the placement.
- Check the tick boxes and click 'add placement'

Placements
0 placements added so far

Logistics
* Describe the time commitment: Full time
* Will you meet the employer in-person (not on a video call) at any point during the placement? --select--

Employer contact details
* Employer placement lead: name: eg Tim Cook
* Employer placement lead: email: eg tcook@apple.com
* Employer placement lead: email (again): eg tcook@apple.com
* Employer placement lead: phone number: -- country code -- Phone number

Do you agree to:
-Lifting sending your details to the employer email address you've provided;
-Abiding by any confidentiality policies held by the employer;
-Observing all safety, security and other policies laid down by the employer;
-Informing the employer and school/college as soon as possible of any absences?

* Agree I agree to all four points above.

Form finished? Check this form as finished and notify employer to fill in their initial form Add placement Cancel changes